

## Product Profile

# STONE ROOT

*Collinsonia canadensis*

Liquid extract of fresh flowering tops & rhizome.

**Actions:** Heart and circulatory tonic; quiets irritation and gives strength and regularity to heart's action. Astringent tonic to veins and mucous membranes; allays venous stasis, congestion and sense of constriction in the throat, larynx and ears.

**Uses:** Specific to maladies associated with flaccid, atonic veins, venous stasis and torpor of portal circulation: hemorrhoids with constriction, heat and weight in rectum (esp. during pregnancy); to relieve soreness and facilitate recovery from rectal surgery; varicose veins; vascular engorgement and mucous membrane irritation of pelvic viscera (e.g., chronic gastro-enteritis with catarrh or diarrhea). Female disorders dependent upon varicosis: amenorrhea, dysmenorrhea, menorrhagia, leukorrhea, flaccid or prolapsed uterus and threatened miscarriage. Chronic laryngitis, pharyngitis, middle-ear inflammation, bronchitis and tracheitis; hoarseness due to voice strain. Heart debility due to inflammation, protracted fevers and overstrain, and in chronic inflammation of pericardium. Chronic catarrhal conditions of kidneys and bladder.

**Dose:** Take 30 to 40 drops, 2 to 4 times per day. As gargle mix drops in a little water and gargle several times per day.

**Cautions:** None known.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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