

## Product Profile

# OREGON GRAPE

*Mahonia (Berberis) aquifolium*

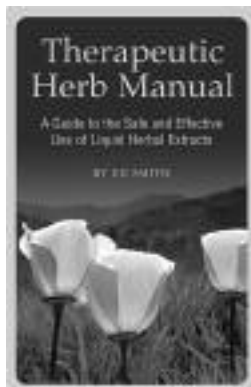
Liquid extract of young lateral root.

**Actions:** Alterative that enhances elimination of depraved body fluids and thereby promotes clean blood. Increases liver metabolism and elimination, and promotes gall bladder's secretion of bile. Bitter digestive tonic; promotes healthy function of stomach and intestines, and improves digestion and assimilation. Augments glandular and urinary secretions.

**Uses:** Inflammatory and catarrhal conditions of the gastrointestinal mucous membranes; coated tongue and fetid breath; stomatitis, dyspepsia, indigestion, loss of appetite. Dyscrasia. Chronic skin diseases; eczema, psoriasis, herpes and acne; to promote clear complexion. Profusely secreting tumid mucous membranes; catarrh of nasal and ocular membranes. Prolonged use promotes regular bowel movements and relieves constipation.

**Dose:** Take 30 to 40 drops, 2 to 5 times per day.

**Cautions:** Consult a qualified midwife or physician before taking during pregnancy.



Excerpted from the *Therapeutic Herb Manual* by Ed Smith. The *Therapeutic Herb Manual* is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.*