

Product Profile

LICORICE

Glycyrrhiza glabra

Liquid extract of dried, unpeeled root & stolon.

Actions: Demulcent and soothing to mucous membranes; expectorant. Antiviral. Anti-inflammatory. Liver protective. Adrenal gland tonic. Mildly laxative in large doses. Sweet-tasting corrigent.

Uses: Soothing coughs and clearing phlegm; bronchitis, laryngitis and pharyngitis. Stomach inflammation and ulcers; colitis. Adrenal gland insufficiency. Liver inflammation and hepatitis.

Dose: Take 30 to 40 drops, 2 to 5 times per day. Larger doses can be taken, but for no longer than 4 weeks.

Cautions: Excessive, long-continued doses can cause potassium loss and water retention, headaches and high blood pressure. These symptoms cease when Licorice is discontinued. Excessive or long-continued doses are contraindicated in high blood pressure and congestive heart disease.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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