

## Product Profile

# JAMAICAN DOGWOOD

*Piscidia erythrina*

Liquid extract of dried outer bark.

**Actions:** Nerve sedative, soporific and anodyne. Antispasmodic.

**Uses:** Spasmodic affections and various forms of neuralgia. Cerebral excitation. Insomnia due to nervous excitement, worry and anxiety. General nervous excitement. Spastic cough, bronchitis. Painful menstrual periods. Adjunct therapy during withdrawal from addictive drugs; delirium tremens. Intestinal, gallbladder and renal colic. Hysteria of uterine or ovarian origin. Various pains: toothache, arthritis, fractures, sciatica, cancer, etc..

**Dose:** Take 30 to 40 drops, 2 to 4 times per day.

**Cautions:** Consult a qualified midwife or physician before taking during pregnancy. Avoid or use cautiously with children, the aged, or anyone that is weak or feeble.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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