

Product Profile

HORSETAIL

Equisetum arvense

Liquid extract of fresh whole infertile herb, harvested in early spring.

Actions: Good source of soluble silica. Mild diuretic and urinary astringent. Slows or stops passive bleeding (internal and topical). Strengthens connective tissue.

Uses: Irritation, inflammation and passive bleeding of kidneys and urinary tract; urinary mucous discharge; urinary incontinence due to bladder irritation; suppressed urine; prostate gland inflammation. Edema. Passive bleeding of nose, stomach, intestines, lungs and bronchi. Repair of connective tissue: ulcers and slow-healing wounds; bone injury, osteoporosis and arthritic joint erosion; tuberculosis; chilblains.

Dose: Take 30 to 40 drops, 2 to 4 times per day. Topically apply full-strength (if well tolerated), or dilute with 2 or 3 parts water.

Cautions: None known.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.