

Product Profile

HORSE CHESTNUT

Aesculus hippocastanum

Liquid extract of dried mature seed.

Actions: Reduces blood vessel permeability and thereby reduces vascular fragility and moderates inflammatory swelling; increases ability of blood vessels to reabsorb excess fluids from intercellular tissue spaces.

Uses: Reduces swelling caused by injury and inflammation: bruises, fractures, brain trauma and strokes; especially effective for varicose veins, spider veins, thrombophlebitis and hemorrhoids; chronic venous insufficiency (tiredness, heaviness, cramps, pain, itching and swelling in the legs); leg cramps at night; congested uterus and cervix; congestion of portal vessels.

Dose: Take 30 to 40 drops in half-cup of water, 2 to 4 times per day.

Cautions: Do not take undiluted extract internally. Large doses may cause nausea or itchy skin in some sensitive individuals.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.