

Product Profile

HOPS

Humulus lupulus

Liquid extract of dried, lupulin-rich strobiles.

Actions: Mild sedative. Bitter tonic that improves appetite and digestion. Contains significant amounts of phytoestrogens that have an estrogen-like action in the body.

Uses: Nervous agitation, restlessness, anxiety and hysteria; excellent in sleeplessness; alcoholic delirium tremens; nervous stomach and irritable bladder. Sexual over excitement and sexual neuroses (e.g., wet dreams, premature ejaculation); decreases abnormally high libido in men; priapism (persistent abnormal erection of penis).

Dose: Take 30 to 40 drops, 2 to 4 times per day. To enhance appetite and digestion take 15 minutes before meals.

Cautions: None known.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.