

Product Profile

HAWTHORN

Crataegus spp.

Blended liquid extracts of dried spring-harvested flowers and leaves,
& autumn-harvested ripe berries.

Actions: Excellent nutritive, restorative tonic for heart and blood vessels; dilates coronary artery and improves blood flow to heart muscle; strengthens heart beat and regulates its rhythm; normalizes blood pressure. Excellent connective tissue tonic.

Uses: Specific for degenerative heart disease; arteriosclerosis; aging heart; smoker's heart; heart weakness due to debilitating or infectious disease; weak or irregular heart beat; high blood pressure. Degenerative or injured connective tissue (e.g., weak or injured ligaments and tendons, arthritic joints, varicose veins).

Dose: Take 30 to 40 drops, 2 to 3 times per day.

Cautions: Does not give quick results in emergencies; best results are seen with long-term use. Because Hawthorn may potentiate the effects of digitalis, patients on digitalis heart medication should consult with their physician before taking Hawthorn.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.