

Product Profile

GRINDELIA

Grindelia spp.

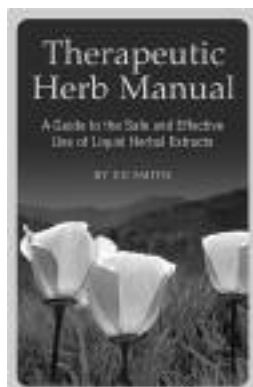
Liquid extract of dried flower bud & leaf.

Actions: Respiratory stimulant and expectorant. Antiseptic, anti-inflammatory and vulnerary. Mild diuretic.

Uses: Harsh, dry, unproductive coughs with wheezing and constricted chest; asthmatic wheezing; bronchitis and sore bronchi. Removes detritus and mucous from kidney and urinary tract. Specific for swollen and congested spleen. Topically to treat wounds, indolent ulcers, impetigo, eczema, allergic dermatitis and poison ivy and poison oak.

Dose: Take 30 to 40 drops, 2 to 4 times per day. Topically apply full-strength (if well tolerated), or dilute with 2 or 3 parts water.

Cautions: Large doses may cause stomach irritation.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

**This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.*