

FRINGE TREE

Chionanthus virginicus

Liquid extract of dried root bark (no adhering wood).

Actions: Stimulates bile flow (cholagogue) and promotes liver action and drainage.

Uses: Hepatitis with enlarged liver; liver congestion and jaundice; clay-colored stools; alcoholic liver. Especially indicated by yellow skin and eyes, and associated liver pain. To thin bile and deter formation of gallstones. Faulty digestion of fats. Excessive mucous discharge in stomach, gallbladder and intestines. Chronic inflammation of spleen, pancreas and kidneys.

Dose: Take 30 to 40 drops in a cup of water, 2 to 4 times per day.

Cautions: Large doses may produce colic in cases of gallstones or obstruction of bile ducts or intestines.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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