

Product Profile

ELECAMPANE

Inula helenium

Liquid extract of dried second-year roots.

Actions: Stimulating, cleansing and tonic to mucous membranes. Excellent antiseptic expectorant. Alterative.

Uses: All affections of mucous membranes with excessive mucous secretions. Bronchial and lung irritation with teasing cough and abundant discharge; humid asthma; bronchitis; pneumonia; tuberculosis of lungs; other respiratory infections. Chronic mucous discharge from urinary bladder and the reproductive organs; leucorrhea; gleet. To cleanse stomach and intestines of excess mucous coating. Night sweats.

Dose: Take 30 to 40 drops, 2 to 5 times per day.

Cautions: Moderate use during pregnancy or nursing. Elecampane is best suited for wet coughs and not dry or unproductive coughs.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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