

## Product Profile

# ECHINACEA (Super Echinacea)

*Echinacea purpurea*

Blended liquid extracts of fresh whole root, fresh leaf & flower (no stem), & dried mature seed.

**Actions:** Immune system modulator and tonic. Anti-inflammatory. Stimulates healthy growth of connective tissue and speeds healing of damaged tissues. Excellent alterative, and blood and lymphatic cleanser.

**Uses:** All conditions where immune system is challenged or compromised: Inflammations, infections, fevers, colds, flu, allergies, etc. Weak immune system and susceptibility to infections or slow-healing wounds. Septicemia ("blood poisoning"). Lymphatic congestion. Boils and carbuncles. Eczema, psoriasis, hives and other skin problems. General "run-down" feeling. Arthritis. Venomous stings and bites.

**Dose:** Take 30 to 40 drops, 2 to 5 times per day. In fevers, severe infections, or venomous bites and stings doses can be as large as 40 to 80 drops every 1 to 2 hours (depending upon severity). As fever or symptoms subside, dosage can be lowered in size and frequency. Topically apply full strength (if well tolerated), or dilute with 1 or 2 parts water.

**Cautions:** Some say Echinacea is contraindicated in autoimmune diseases, and that long-continued doses cause therapeutic effects to diminish. However, there has been no scientific or clinical evidence of this, and traditional use of Echinacea demonstrates otherwise.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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