

## Product Profile

# DEVIL'S CLUB

*Oplopanax horridus*

Liquid extract of dried root bark (no adhering wood).

**Actions:** Alterative, rejuvenating tonic that enhances physical endurance, stamina and overall good health, and optimizes longevity. In larger doses acts as a mild laxative.

**Uses:** Arthritis and rheumatism; fevers, colds, flu and coughs; hangover; stomach ailments; swollen glands; measles. Regulate menses after childbirth. Popular as Native American folk remedy for the control of diabetes.

**Dose:** Take 30 to 40 drops, 3 to 5 times per day.

**Cautions:** Do not change medical treatment of diabetes (especially insulin dosage) without the advice of a qualified physician. Diabetics should monitor their blood sugar level and insulin needs carefully while taking Devil's Club.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.