

Product Profile

DANDELION

Taraxacum officinale

Liquid extract of fresh whole flowering plant with root.

Actions: Alterative. General tonic to digestive organs; improves appetite and digestion.

Mild-acting cleanser and decongestant to liver and gallbladder; enhances bile flow; promotes regularity of bowel movements. Diuretic and kidney cleanser.

Uses: Retrograde metabolism. Liver congestion, bile duct obstruction or deficient bile secretion.

Chronic dyspepsia and indigestion. Chronic constipation. Many maladies associated with liver derangements can benefit from Dandelion (esp. arthritis, gout and skin disorders).

Dose: Take 30 to 40 drops, 2 to 4 times per day. Best results are seen after several weeks of use.

Cautions: Large doses may produce colic in cases of gallstones or obstruction of bile ducts or intestines.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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