

## Product Profile

# COPTIS (Chinese Goldthread)

*Coptis chinensis*

Liquid extract of dried rhizome.

**Actions:** Clears heat and dampness. Astringent. Anti-inflammatory. Antibacterial, antiviral and antiprotozoal. Cholagogue. Removes toxins and wastes from blood.

**Uses:** Infections and fevers – especially bacterial dysentery, hepatitis, respiratory infections, typhoid fever, and trichomal vaginitis (as douche). Astringent to ulcerations associated with gastroenteritis (inflammation of stomach and intestines) and colitis. Hemostatic for nosebleed and blood in urine, stool, sputum and vomit. Blood purifier for septicemia, carbuncles and abscesses, eruptive dermatitis and eczema. Chronic inflammation of stomach and intestines, and associated bad breath and putrid belching. Topically used as astringent disinfectant to wound, infections, ulcerations, skin eruptions, and ulcerations of mouth and throat (rinse or gargle).

**Dose:** Take 30 to 40 drops, 3 to 5 times per day. In acute fevers and infections 50 to 70 drops per dose can be taken for no more than 3 days. Topically apply full-strength extract if well tolerated, or dilute with 2 or 3 parts water. As a gargle, mix drops in a little water and gargle several times per day.

**Cautions:** Consult a qualified midwife or physician before taking during pregnancy.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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