

Product Profile

CELERY

Apium graveolens

Liquid extract of dried mature seed.

Actions: Restorative nerve tonic and sedative. Mild diuretic and urinary antiseptic. Antirheumatic. Digestive tonic.

Uses: Arthritis, rheumatism and gout. Indigestion and flatulence. Kidney and bladder stones. Neurasthenia (nervous depletion) and sleeplessness; anxiety and nervous breakdown.

Dose: Take 30 to 40 drops, 2 to 5 times per day.

Cautions: Moderate use during pregnancy, or with kidney disorders.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.