

Product Profile

CAYENNE

Capsicum annuum var. *frutescens*

Liquid extract of dried ripe peppers with seeds.

Actions: Simple but powerful warming stimulant to heart, blood circulation, nervous system and mucous membranes, but does not excite or quicken the pulse. Promotes action of secreting organs. Topical stimulant, rubefacient and analgesic.

Uses: Poor circulation, cold extremities and pallid face. Weak nerve force. Torpid digestive system with indigestion and flatulence. Repressed secretions and to expel thick mucus. Hoarseness. Fevers. Alcoholic delirium tremens; opium and heroin addiction. Topically applied for rheumatic joint pain; nerve pain; shingles.

Dose: Take 10 to 30 drops, 2 to 5 times per day in half-cup water. Topically apply full-strength (if well tolerated), or dilute with 2 or 3 parts rubbing alcohol.

Cautions: Do not take drops undiluted. Excessive internal doses may cause stomach irritation. Counteract with demulcent or fatty drinks (e.g., Marshmallow root, Slippery Elm bark or milk). Avoid contact with broken skin, eyes and mucous membranes. If topical use causes painful heating, wash area with hot soapy water or rubbing alcohol; flush eyes with lots of cool water.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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