

## Product Profile

# BURDOCK

*Arctium lappa*

Liquid extract of dried root & mature seed.

**Actions:** Excellent blood and lymph purifier (alterative) that promotes elimination of metabolic waste (especially to skin, mucous membranes and kidneys). Promotes and enhances immune system function. Soothing and cleansing diuretic.

**Uses:** Various skin maladies, including hives, psoriasis, eczema, acne and boils (especially greasy skin). Ulcerations of skin and mucous membranes. Chronic glandular enlargements. Arthritis and gout. Irritation of bladder and urethra. Compromised or weak immune system.

**Dose:** Take 30 to 40 drops, 3 or 4 times per day.

**Cautions:** Excessive doses may cause aching in kidneys and lower back due to over-active cleansing. Lower dosage or discontinue use if this happens.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.