

Product Profile

BUGLEWEED

Lycopus spp.

Liquid extract of dried flowering herb.

Actions: Counteracts excess thyroxine (thyroid gland hormone). Circulatory and heart sedative; nervous system sedative. Hemostatic (allays minor bleeding).

Uses: Hyperthyroid (overactive thyroid gland). Heart problems marked by irritable, accelerated or irregular heart action (especially with sense of oppression in chest with difficult breathing); reduces pulse and restores circulatory and cardiac tone. Coughs with copious expectoration (especially chronic debilitating coughs). Mild bleeding of lungs, stomach, intestines, uterus or urinary tract. Insomnia.

Dose: Take 30 to 40 drops, 3 to 5 times per day.

Cautions: Do not use in cases of thyroid enlargement or hypothyroid (under-active thyroid). Consult a physician before taking with thyroid medications. Consult a qualified midwife or physician before taking during pregnancy.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.