

Product Profile

BUCHU

Agothosma betulina

Liquid extract of dried leaf.

Actions: Stimulant, antiseptic, cleansing and tonic to the kidneys, bladder and mucous membranes of the urinary tract. Mild diuretic action increases elimination of both watery and solid constituents of urine. However, it moderates excessive activity of kidneys.

Uses: Chronic, atonic diseases of the urinary system, or chronic irritation with discharge (especially in the aged). Abnormally acid or muddy urine loaded with salts, with constant desire to urinate but with little relief from the effort. Chronic cystitis, urethritis, prostatitis, gonorrhoea, pyuria (pus in urine) and gleet. Incontinence associated with prostate maladies.

Dose: Take 30 to 60 drops in half-cup water, 2 to 4 times per day.

Cautions: Consult a qualified midwife or physician before taking during pregnancy. Do not use in acute inflammation or infection of the urinary tract. Sensitive persons may experience upset stomach; avoid taking on an empty stomach. Buchu can harmlessly impart its aroma to the urine and render it dark in color.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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