

## Product Profile

# BONESET

*Eupatorium perfoliatum*

Liquid extract of dried leaf & flowering tops.

**Actions:** Gently laxative. Diaphoretic. Promotes and enhances immune system function.

**Uses:** Poor appetite and digestion. Fevers; cold or flu, especially with chills and deep-seated muscle ache ("achey bones"); chronic coughs and bronchitis; pneumonia. Poor immune response and slow recovery.

**Dose:** Take 30 to 40 drops, 3 to 5 times per day. Take in hot water with Ginger for colds, flu and chills.

**Cautions:** Large doses may cause nausea.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.