

Product Profile

ANISE

Pimpinella anisum

Liquid extract of dried mature seed.

Actions: Pleasant tasting aromatic that is an excellent carminative, expectorant, and flavor corrigent. Galactagogue.

Uses: Flatulence, indigestion and infant colic; hiccough. Coughs and bronchial catarrh.

Dose: Take 30 to 40 drops, 3 to 5 times per day.

Cautions: Consult a qualified midwife or physician before taking during pregnancy.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.