

# ANDROGRAPHIS

*Andrographis paniculata*

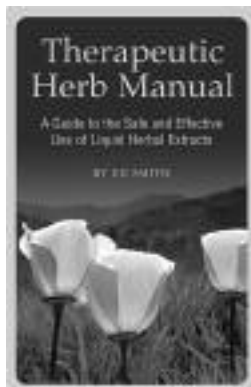
Liquid extract of dried flowering herb.

**Actions:** Bitter tonic to stimulate appetite and digestion. Clears heat from the blood and lowers fevers. Depurative (dispels toxins). Immunomodulatory (potentiates immune system activity); anti-inflammatory; antibacterial; antiviral. Hepatoprotective (liver protectant); choloretic (increases bile flow). Respiratory expectorant.

**Uses:** Treatment of fevers and various infections: prevention and treatment of upper respiratory infections like colds, flu and coughs; sore throat and tonsillitis; urinary tract infections; gastro-intestinal tract infections; infectious hepatitis. Herpes. Allergies, hay fever and sinusitis. To protect the liver against infectious or toxic agents.

**Dose:** Take 30 to 40 drops, 2 to 4 times per day.

**Cautions:** Centuries of traditional use have shown Andrographis to be a very safe remedy. However, modern medical studies on rats suggest that Andrographis may have an anti-fertility effect in large, long-continued doses. Therefore, until this issue is clarified, women who are pregnant, or desire to get pregnant, are advised to avoid taking Andrographis.



Excerpted from the *Therapeutic Herb Manual* by Ed Smith. The *Therapeutic Herb Manual* is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.*