

Product Profile

ALFALFA

Medicago sativa

Liquid extract of dried leaf.

Actions: Nourishing tonic that promotes appetite and weight gain. Galactagogue.

Uses: Indicated in anemia, poor appetite and wasting diseases. A tonic for nursing mothers.

Dose: Take 30 to 40 drops, 3 to 5 times per day.

Cautions: None known.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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