

## Product Profile

### WILD CHERRY • PETASITES COMPOUND

Cough & Respiratory Congestion Remedy

A blend of the liquid extracts of:

- **Wild Cherry bark** (*Prunus virginiana*) 20%
  - \* **Butterbur rhizome** [p.a. free] (*Petasites hybridus*) 20%
  - **Skunk Cabbage rhizome & roots** (*Symplocarpus foetidus*) 20%
  - **Licorice root** (*Glycyrrhiza glabra*) 20%
  - **Thyme leaf & flower** (*Thymus vulgaris*) 20%
- \* Fresh • Dried

**Action:** Relieves coughs and irritation of the respiratory tract through the herbs' soothing, antispasmodic, anti-inflammatory and expectorant actions.

**Uses:** Indicated in **coughs** associated with **respiratory congestion** of colds, flu, bronchitis and other pulmonary and bronchial affections.

**Dose: Adults:** Two to five times per day, take 20 to 40 drops in a little water. **Children:** Two to five times per day, take 5 to 15 drops in a little water. To make a **cough syrup**, mix drops into a spoonful of honey, maple syrup or malt syrup.

**Adjunct Therapy:** WILD CHERRY • PETASITES COMPOUND is a general broad-spectrum formula designed to treat many types of coughs. However, the addition of certain other herbs to this compound can custom tailor it to fit a specific type of cough and thereby enhance the effectiveness of the treatment. If indicated, add one or two of the herbal extracts listed below to each dose of the compound:

SUNDEW EXTRACT (30 to 40 drops): dry, spasmodic or explosive coughs such as in whooping cough or measles; tickling coughs.

ELECAMPANE EXTRACT (30 to 40 drops): chronic coughs with persistent, teasing character and profuse expectoration; excellent for pulmonary infections. Moderate use during pregnancy or nursing.

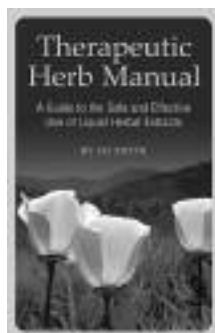
YERBA SANTA EXTRACT (30 to 40 drops): chronic coughs with free secretions, especially in bronchitis and bronchorrhea.

GRINDELIA EXTRACT (30 to 40 drops): harsh, dry, unproductive coughs, especially with pectoral soreness or rawness; specific in subacute or chronic bronchitis, especially in the elderly.

BLOODROOT EXTRACT [1:10 strength] (15 to 20 drops): hacking coughs with loud mucous rales and difficulty in raising sputum; use only in atonic conditions after active inflammation has subsided. Always take Bloodroot extract well diluted with water. Do not take Bloodroot during pregnancy or nursing.

Review all "Cautions" for each of the above Adjunct Therapy herbs. For children adjust dosage of these herbs according to Clark's Rule on page 149.

**Cautions:** Do not give this compound to children under 2 years of age unless directed by a physician. A persistent cough may be a sign of a serious condition. If cough or other symptoms persist for more than 5 days, tend to recur, or are accompanied by high or persistent fever, rash, or persistent headache, promptly seek qualified healthcare.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.