

Product Profile

WARMING CIRCULATION TONIC

(Formerly known as Ginger • Cayenne Compound)

Warming, Circulation Enhancing Tonic

A blend of the liquid extracts of:

- **Ginkgo leaf** (*Ginkgo biloba*) 25%
- **Eleuthero root** (*Eleutherococcus senticosus*) 25%
- * **Rosemary flowering branches** (*Rosmarinus officinalis*) 20%
- **Ginger rhizome** (*Zingiber officinale*) 16%
- **Prickly Ash bark** (*Zanthoxylum clava-herculis*) 10%
- **Cayenne pepper** (*Capsicum annuum*) 1:4 4%

* Fresh • Dried

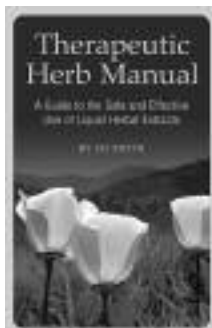
Action: Enhances the general circulation of the blood and warms the extremities. Promotes venous and capillary integrity.

Uses: Indicated in overall **poor circulation**, especially when associated with pallor & coldness of the extremities (**cold hands and feet**). Also may be useful as adjunct therapy in the treatment of Raynaud's disease, intermittent claudication, varicose veins, hemorrhoids, and arteriosclerosis.

Dose: Two to four times per day, take 20 to 40 drops in water. Best taken upon arising and between meals.
A stimulating "hot toddy" which warms the innards and body from the cold winds of winter can be made by mixing drops into hot apple juice.

Adjunct Therapy: LIQUID LIGHTNING can be massaged into cold hands and feet to invigorate the skin and local circulation.
For Raynaud's disease, massage LOBELIA • SKUNK CABBAGE COMPOUND ("Antispasmodic Tincture") into painful area(s) to relieve spasm of small arteries and arterioles.

Cautions: Do not take when there is fever or active inflammation in the body; especially contraindicated in acute, inflammatory venous diseases associated with burning, redness and pain, as in flare-ups of phlebitis, varicose veins, hemorrhoids, etc.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.