

## Product Profile

### NETTLE • BLADDERWRACK COMPOUND Hypothyroid Remedy

A blend of the liquid extracts of:

- **Bladderwrack thallus** (*Fucus vesiculosus*) 30%
- **Eleuthero root** (*Eleutherococcus senticosus*) 25%
- **Nettle seed** (*Urtica dioica*) 25%
- **Prickly Ash bark** (*Zanthoxylum clava-herculis*) 10%
- **Black Pepper corn** (*Piper nigrum*) 10%
- Dried

**Action:** Provides nutritional iodine to the thyroid gland and increases its metabolic activity. Supports and increases overall metabolism of the body.

**Uses:** **Hypothyroidism** (underactive thyroid gland) and simple goiter. Especially indicated when hypothyroid condition is associated with lethargy, lack of energy and obesity.

**Dose:** Take 30 to 50 drops in water, three times per day.

**Adjunct Therapy:** For associated poor circulation and coldness of hands and feet, take 20 to 40 drops of WARMING CIRCULATION TONIC with each dose of the above.

**Cautions:** Do not use in cases of hyperthyroid (overactive thyroid). Thyroid disease can be a serious health problem and should be treated by a qualified healthcare practitioner. Do not take during pregnancy or nursing.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.