

## Product Profile

### MULLEIN • GARLIC COMPOUND

#### Herbal Ear Drops

A blend of the liquid extracts of:

• <b>Calendula flower</b> ( <i>Calendula officinalis</i> )	30%
* <b>St. John's Wort flower &amp; bud</b> ( <i>Hypericum perforatum</i> )	25%
* <b>Mullein flower</b> [no stalk] ( <i>Verbascum olypticum</i> )	25%
* <b>Garlic bulb</b> ( <i>Allium sativum</i> )	20%
* Fresh      • Dried	

**Action:** Inhibits or destroys bacteria or fungus present in the ear canal. Controls inflammation, edema, and itching. Has an analgesic (pain relieving) effect. Softens and disperses accumulated cerumen (earwax). Restorative vulnerary to the tissues, nerves and blood vessels in the ear.

**Uses:** Ear infections, congestion & inflammation (otitis media, interna & externa), and associated earache; swimmer's ear; to loosen earwax in preparation for ear cleaning. May also help in certain cases of tinnitus ("ringing in the ears"), and vertigo.

**Dose:** Take care that dropper and bottle mouth do not come into contact with the ear, hands, hair or other sources of contamination. Roll bottle between the hands for 2 minutes to warm the oil. Do not place cold drops into the ear.

**Cleansing:** Place 2 or 3 drops into each ear 1 or 2 times per day. Irrigation of ears may be necessary to aid in removal of earwax. Have this done by a physician, or make sure you know how to do it properly.

**Acute inflammation & infections:** Place 2 or 3 drops into troubled ear 2 or 3 times per day.

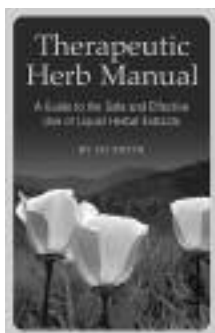
**Adjunct Therapy:** Internal doses of ECHINACEA EXTRACT are indicated in any ear infection. Three to five times per day, drink 30 to 40 drops mixed in a little water.

Hot ONION AND VINEGAR POULTICES applied over the ear can often be very helpful in relieving the congestion and pain associated with ear infections.

GINKGO EXTRACT can enhance the health and function of the blood vessels that supply the ears, and can have a positive influence on diseases of the ear initiated or aggravated by poor blood supply. Two or three times per day, drink 30 to 40 drops mixed into a little water. Any positive results in degenerative cases could take several months.

**Cautions:** Conventional medical doctors normally advises against placing liquids in the ear when there is perforation of the eardrum. However, this author has seen and heard of many cases where treatment of perforated eardrum with these ear drops has had excellent results, and he is not aware of any cases where the ear drops have caused a problem. Perhaps there could be a problem, but that is not the authors experience. However, you are not being advised here to use these ear drops in cases with perforated eardrum. That is your decision to make.

Ear infections can sometimes turn into a serious medical problem. Therefore, it is very important to promptly seek qualified medical care in any ear disorder with fever or where redness, pain, or swelling is severe or persists.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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