

## Product Profile

### LINDEN • MISTLETOE COMPOUND

#### High Blood Pressure Remedy

A blend of the liquid extracts of:

- **Hawthorn berry, leaf & flower** (Crataegus spp.) 25%
- **Olive leaf** (Olea europaea) 25%
- **Linden flower** (Tilia spp.) 20%
- **Bean pod** [without beans] (Phaseolus vulgaris) 20%
- \* **Mistletoe herb** (Viscum album) 10%

\* Fresh • Dried

**Action:** Although specific for normalizing high blood pressure, this compound is also a general cardiovascular tonic, and it serves as a mild diuretic to remove excess water from the system.

**Uses:** Indicated as an aid in treating **essential hypertension** (high blood pressure) and its associated **arteriosclerosis** (“hardening of the arteries”). May help with **headaches, dizziness, vertigo and irritability** associated with hypertension.

**Dose:** Three times per day, take 30 to 40 drops in a little water. Best taken between meals.

**Adjunct Therapy:** GOLDENROD • HORSETAIL COMPOUND may be indicated for its soothing diuretic and restorative actions on the kidneys.

RAW ONIONS contain Prostaglandin A1 which has a hypotensive action.

Garlic is a time-proven remedy for high blood pressure, and it contains the natural substance, ajoene, which is an antithrombotic factor that inhibits the fibrinogen receptors on blood platelets. Eat lots of raw garlic, or, take 40 drops, 2 or 3 times per day, of GARLIC EXTRACT.

**Cautions:** Do not take this compound during pregnancy. High blood pressure can be a very serious, life-threatening disease if left untreated or if treated improperly. It is very important that high blood pressure be monitored and treated under the supervision of a qualified healthcare practitioner.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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