

Product Profile

LAVENDER SPIRITS COMPOUND

Aromatic Carminative & Antinauseant

A blend of the liquid extracts of:

• Cinnamon bark (Cinnamomum aromaticum)	44%
• Nutmeg seed (Myristica fragrans)	22%
• Clove flower bud (Eugenia caryophyllus)	11%
Lavender flower [essential oil] (Lavandula angustifolia)	18%
Rosemary herb [essential oil] (Rosmarinus officinalis)	5%
• Dried Steam-distilled	

Action: This pleasant tasting compound is a soothing, mildly-warming stimulant to the gastrointestinal mucosa, making it an excellent carminative and antinauseant.

Uses: Useful in allaying the **nausea and queasiness** associated with general gastrointestinal maladies such as **dyspepsia, colic, motion sickness, diarrhea, morning sickness, nervous stomach, headache, flatulence**, etc.

Dose: Take 30 to 60 drops in water as needed. Can be taken up to 5 or 6 times per day unless otherwise contraindicated.

Cautions: Because of its warming action on the mucosa, this compound may be contraindicated in cases of severe inflammation or irritation of the gastrointestinal tract. Discontinue use if exacerbation of symptoms occurs.

If nausea or vomiting is severe or persistent, or is associated with pain, bleeding or fever, promptly seek qualified healthcare.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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