

Product Profile

HERBAL ED'S SALVE

Soothing Emollient Vulnerary

- **Comfrey root** (*Symphytum officinale*)
- * **St. John's Wort flower & bud** (*Hypericum perforatum*)
- **Calendula flower** (*Calendula officinalis*)
- **Chickweed herb** (*Stellaria media*)
- **Plantain leaf** (*Plantago lanceolata*)
- **Mullein leaf** (*Verbascum thapsus*)

Extracted & concentrated into a base of:
Olive Oil, Bee's Wax & Bee's Propolis

* Fresh • Dried

Action: This herbal salve is a classic example of a topical vulnerary, an agent that promotes the healing of wounds to the skin. Its actions are antiseptic, anti-inflammatory, soothing and analgesic, antipruritic (relieves or prevents itching), and it stimulates the regeneration of aged and damaged tissues and their blood vessels.

Uses: Indicated in all cases where the skin or other epithelial tissues are wounded, irritated, inflamed or aged: **cuts, abrasions, all types of burns** (thermal, sun, radiation, and chemical burns), **frostbite, trauma and bruises, ulcerations and erosions, diaper rash, contact dermatitis, aged and weathered skin, chapped skin and lips, hemorrhoids, irritation or injury of labial and vaginal tissues, traumatized eyes**, etc.

Dose: All wounds should be cleaned and disinfected before applying salve. Thermal burns and sunburns should be "cooled down" with cold water or ice packs before applying salve. **Topical:** Apply salve to troubled area with a mild rubbing action until salve melts, or smear salve onto sterile gauze and tape to area. Can be applied several times per day according to condition. If gauze sticks to wound, moisten with sterile water or hydrogen peroxide before trying to remove. Salve can be removed from wound with warm water and non-perfumed soap.

Herbal Tampon: For intravaginal application smear salve onto the top two-thirds of a tampon and then insert into vagina. Leave in for 4 to 6 hours (best done while sleeping) and then take at least a 16-hour break before applying a fresh herbal tampon. Before treatment a water/vinegar or herbal douche may be useful. If long-range therapy is needed use herbal tampon once per day, five days per week, three weeks per month. Do not use during menses.

Adjunct Therapy: CONNECTIVE TISSUE TONIC taken internally can assist in the repair and maintenance of healthy connective tissue.

Use ECHINACEA EXTRACT to potentiate the body's immune response to inflammation and infection, and to stimulate granulation of epithelial tissues. Three to five times per day, take 30 to 40 drops in water.

Cautions: Depending upon their degree and progression, all of the above maladies can possibly become serious health threats. If redness, irritation, infection, fever, pain or other adverse symptoms increase or persist, or if foul odor appears, promptly seek qualified medical treatment.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.