

Product Profile

HEALTHY PROSTATE TONIC

(Formerly known as Saw Palmetto • Cleavers Compound)

Prostate Gland Tonic

A blend of the liquid extracts of:

• Saw Palmetto berry (<i>Serenoa repens</i>)	25%
• Nettle root (<i>Urtica dioica</i>)	20%
* Pipsissewa leaf (<i>Chimaphila umbellata</i>)	20%
• Cleavers herb (<i>Galium aparine</i>)	20%
* Thuja leaf (<i>Thuja occidentalis</i>)	15%

* Fresh • Dried

Action: The collective actions of the herbs in this compound are to promote healthy circulation to and within the prostate and to drain away congested tissue fluids; to soothe burning and irritation of the prostate and the urinary tract; anti-inflammatory; and mildly diuretic.

Uses: Indicated in the treatment of prostate gland maladies (both acute and chronic): **infections** of the prostate, and **prostatitis** (inflammation of the prostate); difficulty in passing urine and **nocturnal dripping**; **prostatelcosis** (ulceration of the prostate). Especially indicated in the enlarged prostate of **benign prostatic hypertrophy** (BPH). Also an excellent tonic for general maintenance of a healthy prostate.

Dose: Chronic or BPH: Two to three times per day, take 30 to 40 drops in water. Take 6 days per week for 2 to 6 months, depending on results.

Acute: Three to five times per day, take 30 to 40 drops in water.

Tonic: Two times per day, take 30 to 40 drops in water. Take 6 days per week for 2 to 4 weeks. Do this 1 or 2 times per year.

Adjunct Therapy: RED CLOVER • STILLINGIA COMPOUND is suggested in chronic conditions of the prostate where there is congestion and swelling, sluggish lymphatics, and/or prostaticorrhea (catarrhal discharge). Two to three times per day, take 20 to 40 drops. For best results take drops one-half hour before or after HEALTHY PROSTATE TONIC.

ECHINACEA EXTRACT is indicated in infection and inflammation of the prostate. See Echinacea in this book for appropriate dosing.

Cautions: Prostate gland health problems should be treated under the supervision of a qualified healthcare practitioner. This is especially important in prostate conditions associated with pain, fever and abnormal discharge.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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