

## Product Profile

### HEALTHY LIVER TONIC

(Formerly known as Dandelion • Milk Thistle Compound)

Liver & Gall Bladder Tonic

A blend of the liquid extracts of:

* <b>Dandelion root, leaf &amp; flower</b> (Taraxacum officinale)	20%
• <b>Oregon Grape root</b> (Mahonia (Berberis) aquifolium)	20%
• <b>Milk Thistle seed pericarp</b> (Silybum marianum)	20%
• <b>Artichoke leaf &amp; flower bud</b> (Cynara scolymus)	15%
• <b>Schisandra berry</b> (Schisandra chinensis)	15%
• <b>Fennel seed</b> (Foeniculum vulgare)	10%

\* Fresh • Dried

**Actions:** This compound is a restorative and protective tonic for the liver, and is cleansing to both the liver and gallbladder.

**Uses:** Can be used as an occasional maintenance tonic, or to cleanse and strengthen after illness or liver abuse or in the treatment of hepatic and biliary illness (acute or chronic). Indicated in **hepatic torpor, hepatitis, jaundice, sluggish bile** and **gallstones**, and as adjunct therapy in **chronic constipation**.

**Dose: Tonic:** Mix 30 to 40 drops in water and take after meals.

**Acute or severe chronic:** Mix 30 to 40 drops in water and take after meals. If nausea or hepatic pain results (which is rare), lower the number of drops and take with Fennel seed tea.

**Cautions:** Seek qualified healthcare if pain or irritation of the liver or gallbladder persists, and especially if there is high or persistent fever or prolonged nausea and vomiting, promptly seek qualified healthcare.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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