

## Product Profile

# GOLDENROD • HORSETAIL COMPOUND

## Urinary Tract Tonic

A blend of the liquid extracts of:

* <b>Goldenrod flowering tops</b> (Solidago spp.)	20%
* <b>Corn Silk</b> [stigma & style] (Zea mays)	20%
* <b>Horsetail herb</b> (Equisetum arvense)	20%
• <b>Uva-Ursi leaf</b> (Arctostaphylos uva-ursi)	20%
• <b>Juniper berry</b> (Juniperus communis)	20%

\* Fresh • Dried

**Action:** Gently cleansing, anti-inflammatory, and disinfectant to the entire urinary system, and a restorative tonic for the rejuvenation and strengthening of the urinary tissue.

**Uses:** A mild **diuretic**. Very soothing in “**scalding urine**” and other irritations of the urinary tract. Supportive in the treatment of **inflammation & infection** of the kidneys, bladder and urinary ducts (**nephritis, cystitis, urethritis**, etc.).

**Dose: Acute:** Three to five times per day, take 30 to 40 drops in water.

**Tonic & Chronic:** Two or three times per day, take 20 to 40 drops in water.

**Adjunct Therapy:** For infection and inflammation of the urinary tract, add 20 to 40 drops of ECHINACEA EXTRACT to each dose of the above.

**Cautions:** Urinary infections can sometimes lead to serious medical consequences. If urinary symptoms persist for more than a few days, and especially if there is fever or blood in the urine, promptly seek qualified healthcare.

Consult a qualified midwife or physician before taking during pregnancy.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

\*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.