

Product Profile

FEVERFEW • LAVENDER COMPOUND

Headache & Migraine Remedy

A blend of the liquid extracts of:

- **Feverfew leaf & flower** (*Tanacetum parthenium*) 40%
 - **Meadowsweet leaf & flower** *Filipendula* (*Spirea*) *ulmaria* 30%
 - **Periwinkle flowering tips** (*Vinca major*) 20%
 - **Lavender flower** (*Lavandula angustifolia*) 10%
- Dried

Actions: Medical researchers have proven that the daily intake of Feverfew can successfully decrease the frequency of migraine attacks and/or diminish their severity.

Uses: This compound is often effective in relieving many kinds of headaches, including the occasional **simple headache, migraines** (acute and chronic), and **cluster headaches**.

Note: There are many types of headaches that can be caused by many different things (tension and worry, toxemia, pH imbalance, etc.). Therefore, in using this compound one should ideally also remove the root cause of the headache.

Dose: The sooner this compound is used, the better it will work. Therefore, begin using at the very first sign of a headache.

Acute: Take an initial dose of 30 to 40 drops mixed in water. Often this one dose is all that is needed. If headache remains or returns, take 20 to 30 more drops, depending upon severity. This can be done up to 5 times per day.

Chronic Migraines: For extended therapy against chronic migraines, two to three times per day take 20 to 40 drops in water. This can take from 4 to 6 weeks before full results are obtained.

Cautions: Sometimes headaches can be associated with severe disease (e.g., brain tumors, blood clots). Headaches that are severe, long lasting, or frequently recurring may indicate more serious illness and the need to seek the help of a qualified healthcare practitioner.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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