

Product Profile

CONNECTIVE TISSUE TONIC

(Formerly known as Thuja • Gotu Kola Compound)

Joint and Connective Tissue Remedy

A blend of the liquid extracts of:

- **Gotu Kola herb** (*Centella asiatica*) 30%
- **Hawthorn berry, leaf & flower** (*Crataegus spp.*) 30%
- * **Echinacea root** (*Echinacea purpurea*) 20%
- * **Horsetail herb** (*Equisetum arvense*) 20%

* Fresh • Dried

Action: Studies have shown that asiaticoside (a naturally occurring terpenoid compound found in Gotu Kola plants) stimulates rapid and healthy growth of the reticuloendothelium. Oral doses of asiaticoside have been shown to strengthen the skin, stimulate growth of hair & nails, promote vascularization of connective tissue, and enhance local and general leukocytosis.

Gotu Kola has been used in the folk medicine of Madagascar, Sri Lanka & India in the treatment of **leprosy, varicose ulcers, lupus and certain obstinate eczemas.**

Uses: To be used in the establishment and maintenance of healthy connective tissue, and to facilitate its healthy regeneration in cases of injury or disease. Indicated in the healing of skin lesions (abrasions, cuts, burns and ulcerations) and as a tonic for minimizing the aging and wrinkling of skin; stomach, duodenal and intestinal ulcers; varicose veins and hemorrhoids; scleroderma and repair of eroded, arthritic joints.

Dose: Tonic & Chronic: One to three times per day, take 30 to 40 drops in a little water.

Acute: Three to five times per day, take 30 to 40 drops in a little water.

Topical: Gently massage into the area to be treated until liquid is well absorbed. May sting if liquid comes into contact with broken skin, the eyes or mucous membranes.

Cautions: The maladies listed above can be serious health threats, and some can be deadly if not treated properly. It is therefore important that these problems be treated by a qualified healthcare practitioner.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.