

Product Profile

CHILDREN'S WINTER HEALTH COMPOUND

Children's Cold & Flu Remedy

A blend of the glycerites & liquid extracts of:

* Echinacea root (Echinacea purpurea)	20%
• Elderberry fruit (Sambucus nigra)	20%
• Meadowsweet leaf & flower (Filipendula (Spirea) ulmaria)	14%
• Hyssop leaf & flower (Hyssopus officinalis)	14%
• Ginger rhizome (Zingiber officinale)	9%
• Horseradish root (Armoracia rusticana)	9%
• Thyme leaf & flower (Thymus vulgaris)	9%
• Cinnamon Bark (Cinnamomum aromaticum)	5%

* Fresh • Dried

Action: Supports healthy immune system function, facilitates decongestion of the nasal and respiratory system (sinuses, lungs & bronchi), and lowers fever. Antiviral.

Uses: Treatment of **colds and flu in children** – especially when aggravated by congestive nasal and respiratory symptoms.

Dose: Dose is 1 drop per 4 pounds of child's body weight (e.g., 10 drops for a 40-pound child). Give 3 to 5 doses per day mixed in water or juice.

Adjunct Therapy: Serving size of the below compounds is 1 drop per 4 pounds of child's body weight (e.g., 10 drops for a 40-pound child).

For general malaise and peevishness, nausea and upset tummy, and to further facilitate lowering of fever, give a dose of CHILDREN'S HERBAL COMPOUND with each dose of the above. For obstinate or protracted cases, give a dose of CHILDREN'S ECHINACEA with each dose of the above.

Cautions: Sometimes colds and flu can turn into pneumonia, strep throat, ear infections, or other serious complications – be on the lookout for this. In cases of high or persistent fever, or other serious symptoms, promptly seek qualified healthcare.



Excerpted from the [Therapeutic Herb Manual](#) by Ed Smith. The [Therapeutic Herb Manual](#) is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.