

Product Profile

AVENA • LICORICE COMPOUND

Tobacco Addiction Remedy

A blend of the liquid extracts of:

* Oat “milky” seed (<i>Avena sativa</i>)	35%
• Licorice root (<i>Glycyrrhiza glabra</i>)	30%
• Lobelia herb & seed (<i>Lobelia inflata</i>)	20%
• Nutmeg seed (<i>Myristica fragrans</i>)	15%
* Fresh • Dried	

Actions: Recent research has shown that tincture of fresh (undried) Oat can facilitate withdrawal from tobacco and opium addiction.

The alkaloid lobeline, which is found in Lobelia, has a chemical structure and physiological effects that are similar to nicotine, and is believed to mask the withdrawal symptoms of nicotine addiction without itself being addictive.

Uses: Indicated in the treatment of **tobacco (nicotine) addiction**. Lessens the desire for nicotine, supports the nervous system and the adrenal glands, and has a cleansing and restorative action on the lungs and bronchi.

Dose: Three to five times per day, take 20 to 30 drops in water.

Adjunct Therapy: In case of nervous withdrawal symptoms take 20 to 40 drops of Nervous System Tonic with each dose of the above.

Cautions: Because of the Lobelia in this compound, large and frequent doses may induce nausea or vomiting in some sensitive individuals. If this happens, discontinue use for 1 or 2 days, and then resume use with a lower number of drops. Drops can be adjusted according to tolerance.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

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