

Product Profile

ADRENAL SUPPORT TONIC

(Formerly known as Eleuthero • Licorice Compound)
Restorative Adrenal Gland Tonic

A blend of the liquid extracts of:

• Eleuthero root (<i>Eleutherococcus senticosus</i>)	25%
• Licorice root (<i>Glycyrrhiza glabra</i>)	25%
* Oat “milky” seed (<i>Avena sativa</i>)	20%
• Sarsaparilla root (<i>Smilax (ornata) regelii</i>)	20%
• Prickly Ash bark (<i>Zanthoxylum clava-herculis</i>)	10%

* Fresh • Dried

Actions: Eleuthero, Licorice and Sarsaparilla contain natural phytosterols (plant steroids) which are chemically similar to the steroid hormones produced by the adrenal glands. Many herbalists believe these herbs are supportive or restorative to the adrenals, and there is some scientific evidence to support this.

Uses: Exhaustion and diminished function of the adrenal glands caused by frequent or prolonged stress. This includes the physical and mental stresses associated with injury, illness, prolonged pain, overwork or severe exertion, mental strain, worry and anxiety. Especially indicated when “low energy” and lack of vitality are associated with mild adrenal hypofunction (under-activity).

May be helpful as supportive therapy when treating Addison’s Disease (chronic adrenocortical insufficiency) and other adrenal-deficient maladies manifesting as anemia, general languor and debility, low blood pressure, or feeble heart action.

Dose: Maintenance Tonic: Two times per day, take 30 to 40 drops in water.

Restorative Tonic: Three times per day, take 30 to 40 drops in water. One to three months’ use may be needed for full results.

Cautions: Addison’s Disease and other diseases of the adrenal glands can be very injurious or even fatal if not treated properly. This compound is not a substitute for qualified healthcare in such cases.

Although this compound is unlikely to do harm, its use in hyperadrenal conditions is contraindicated. This is especially true in Cushing’s Syndrome (excess of cortisol hormone) and Conn’s Syndrome (excess of aldosterone).

The extra energy experienced from taking this compound may create sleepless- ness. If this happens, decrease dosage or do not take drops in the evening.



Excerpted from the Therapeutic Herb Manual by Ed Smith. The Therapeutic Herb Manual is available for purchase by calling Herb Pharm at: 1-800-348-4372.

*This manual and the information above is for educational and research purposes only. It is not intended to medically prescribe or promote the sale of any product, nor is it intended to replace qualified medical healthcare. If you have, or think you have a condition which requires medical attention, you should promptly seek qualified healthcare.